



Weights & Measures

Take measurements on even numbered visits.

	 			r			
Date							
Height		21 Na 2001 251 A 1955					
Weight							
BMI					******		
Neck			•				
Shoulder							
Chest						e .	
Mid							
Waist							
Abs							
Hips		8					
Thigh							
Knee							
Calf							
Ankle							
Arm/Fore							
TOTAL of words in bold			-		3		
Coach Initials							